

# ABOUT Unite for HER

Unite for HER (UFH) is a nonprofit organization founded in 2009 by breast cancer survivor, Sue Weldon. As a survivor, Sue knows the struggles and challenges women face and has established an organization dedicated to helping those with breast cancer.

In search of other ways to manage the side effects of her treatments, Sue discovered the incredible healing power of complementary therapies. She personally experienced the benefits of acupuncture, yoga, massage therapy, and dietary changes as she was restored in body, mind, and spirit. Sue is a proponent of teaching patients about the many healing qualities of those therapies and providing the means for them to seek treatments from accredited providers.



## IMPROVED HEALTH AND WELLNESS IS A CORE VALUE

This goal of empowerment through education applies to everyone, regardless of age, stage of life, or current medical condition. UFH is passionate about sharing helpful and practical tips for living clean through print materials, online resources and community events. Sue also provides large and small group presentations to schools, businesses, and organizations that are eager to explore wellness and nutrition education.

## FOR MORE INFORMATION OR TO DONATE, PLEASE CONTACT:

Unite for HER | PO Box 351 | Pocopson, PA 19366  
610-322-9552 | [info@uniteforher.org](mailto:info@uniteforher.org) | [www.uniteforher.org](http://www.uniteforher.org)

**OUR MISSION** is to bridge the gap between the medical and wellness communities by funding and delivering complementary therapies that support the physical and emotional needs of those with breast cancer during treatment and beyond. We educate our women and the community about the role of healthy lifestyle choices in the prevention of disease and the promotion of wellness.

**BREAST CANCER PROGRAMS:** Our Wellness Day Program provide patients with the opportunity to learn about the restorative benefits of complementary therapies from trained professionals. UFH fully funds this comprehensive program that provides women with a year of healing therapy treatments of their choice that will best support their recovery.

**GRANTS:** The grants offered by UFH were established to ease the financial burden experienced by women and their families due to breast cancer. A complete list of UFH grants and the application forms are available on the website.

**EDUCATION:** UFH looks for unique and effective ways to educate, empower, and bring awareness to people of all ages regarding breast health care, nutrition, organic products, and healthy lifestyle choices as a means of disease prevention.

**GET INVOLVED:** Funding for UFH is provided through corporate sponsorships, grants, special events, and individual donations. UFH also depends on volunteers to serve on event planning teams and provide staffing for various programs. If you would like to get involved or host an event, please contact [info@uniteforher.org](mailto:info@uniteforher.org).

